

## A) SETTING THE TIME

1. Pull the crown out to the 2nd Click Position.
2. Turn the crown to set hour and minute hands.
3. After the time has been set, push the crown back to the Normal position.
B) SETTING THE DATE
4. Pull the crown out to the 1st Click Position.
5. Turn the crown clockwise to set the date.

* If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change on the following day.

3. After the date has been set, push the crown back to the Normal position
C) USING THE STOPWATCH

This stopwatch is able to measure and display time in $1 / 1$ second united up to maximum of 30 minutes Stopwatch will stop automatically after running continuously for 30 minutes.

## 【Measuring time with the stopwatch】

1. Press button " $A$ " to start the stopwatch.
2. The stop watch can be started and stopped each time button "A" is pressed.
3. Pressing button " B " resets the stopwatch and stopwatch minute and second hands return to their Zero positions.


## C) STOPWATCH RESET (INCL. AFTER REPLACING BATTERY)

This procedure shoud be performed when the stopwatch second hand does not return to the Zero position.

1. Pull the crown out to the 2nd Click Position.
2. Press the button "A" once to set the stop watch second hand to the Zero position.

* The stopwatch minutes hand is syncronized with stop watch second hand.
* The stopwatch second hand can be advanced rapidly by continuously pressing button "A".

3. Once the hands been zeroed, reset the time and return the crown to its normal position.

## QUARTZ MOVEMENT (2 Hands Model)

## A) DISPLAYS AND BUTTONS



## B.) SETTING THE TIME

1. Pull out crown to B position
2. Turn crown to correct time.
3. After the time has been set, push the crown back to the normal position.
